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NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 6 NO. 2

NEWARK, NEW JERSEY

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APRIL, 1988

New Community Honors Leadership Institute Participants

The first group of participants completing New Community Network's Leadership Institute was honored on March 5 at a Special Saturday Celebration of their accomplishments at NC Associates, 180 South Orange Avenue.

Spirits soared and people were bursting with pride for the group which made remarkable progress over the eight weeks.

Immediately after they were welcomed, the newly acknowledged

difficult task of choosing the best two or three of their number. Lois Askew, Andrewa Shepard and Mary Watson of St. Rose, Dorothy Douge', a Babyland III parent, Rev. Lauvinia Green of NC Roseville, 1 South 8th Street, Mae Harper and Delorise Johnson of NC Manor Families, and Viola Walker of NC Commons, 140 South Orange Avenue emerged as finalists.

After a break, each of these women repeated her speech for the whole



Winners All! Viola Walker (L), Delorise Johnson (C) and Mary Watson proudly hold their medals aloft from the NCC Leadership Institute.

leaders split into three sections for an initial round of speeches. Group members were then charged with the

group gathered for the occasion — Network members who had presented various issues of interest over the

Supermarket Sign Goes Up!



Leonard Holman (L) joins NCC's (L-R) Mike Polk, Joe Chaneyfield, and Larry Goldston in a visit to the newly erected sign.

eight weeks, beaming guests, the planning committee, and excited classmates. Well! If choosing winners in the small groups was difficult, picking the three best from this distinguished group was nearly impossible, according to planning committee members who assumed that unenviable task.

Suspense mounted all during the lunch break and finally the time for awards came. Viola Walker, Acting Secretary of the NCC Seniors Ad-

visory Board won the Gold Medal for the first prize; Delorise Johnson, Publicity Person for the 225 Hunterdon Street Tenants' Association won the Silver Medal for second prize and Mary Watson, a Vista volunteer in the St. Rose After School Program won the Bronze Medal for third prize.

It was impossible to determine who was more excited when the big moment came — the winners, or Sr. Doris Ann Bowles, presenter of the *Continued on page 5*

Two Prominent Statesmen Visit New Community

Senator Frank Lautenberg and Congressman James Florio Look At NCC Housing and Childcare



Sen. Lautenberg enjoys a moment with Monsignor William J. Linder during previous visit to St. Joseph Plaza.



Stories on page 3

Babyland Executive Director Mary Smith holds one of her tiny charges as she talks with Congressman Florio about childcare today.

Freeholder President Honored For Community Efforts



Freeholder President Thomas P. Giblin enjoys the evening with sons Patrick, age 12, and Edward, age 14, flanked by bagpipers Jack McGarry (L) and John McGuire.

A Perfect Score

Attendance throughout the eight weeks of the New Community Network Leadership Institute was remarkably good, considering that it was conducted in the dark of night and in the dead of winter.

Attendance of five hardy souls was perfect: snow, hail, sleet and gloom never deterred them.

Congratulations to Rev. Lauvinia Green of NC Roseville Sylvia Johnston of NC Management, Helen Vaughn of NC Douglas and Mae Harper and Bertha Walker, Vista Volunteers at St. Rose School. You made it every time!

Contributions To New Community Corporation

If you would like to make a memorial gift or donation to New Community it would be most welcome.

People who would like to give to New Community but don't wish to give up the earning power at the present time can assign a contribution now, but defer payment until sometime in the future.

If you would like more information, please contact the Development Office at (201)623-2800 ext. 206.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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The Colors Within

Black is the color of my skin
But do you know
What color I am within?
Internally, I am RED
Not from the blood
But because of the rage
That runs thru my soul
When I see our young Blacks dying
Without a chance of growing old.

I am Yellow inside
Because of the fear I feel
Of the jungle out there
That is all too real.
From mourning the unjust
Treatment of my race
I am BLACK within
Just like the color
Of my skin.

My insides are GREEN
Because I want to grow
Or green with envy
For the White man
I don't know.
One thing for sure
I can tell when my insides are Blue
For that's when I feel so low
I drop to my knees and
Ask God for the strength
To carry these colors of the rainbow.

For although I am all these colors
I am still without a place
Where I am really accepted
In this human race.
But in spite of it all
And regardless of all
The colors I am within,
I still want to be BLACK
When I come this way again.

Alma Hanks
N.C. Douglas

Editor's Note:

Ms. Hanks used this original poem as her first presentation at the New Community Network Leadership Institute. The Clarion is proud to share it with its readers.

Patricia A. Foley



Son of County Roscommon Thomas P. Giblin holds aloft plaque with piece of corner stone from St. Joseph Plaza as New Community's Mary Smith looks on. The Essex County Freeholder President was honored by NCC at a St. Patrick's celebration for his continuing support creating building blocks for the future through economic development efforts, and for his assistance to victims of domestic violence.

United Way Campaign

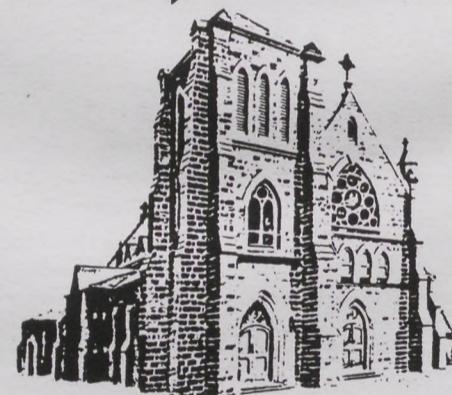
On March 4, New Community Corporation held its United Way Campaign kickoff meeting. Mr. Milton Balkum, United Way Division Manager addressed the employee solicitors giving them pointers on how to run a successful campaign. Each division of the Corporation was represented at the meeting. The campaign ran from March 7 until March 14 and we are proud to announce that we reached our goal.

I would especially like to congratulate Sheila Kerr of Douglass-Harrison for achieving 100% participation from her co-workers. They also contributed the most money in pledges.

We appreciate the efforts of all our solicitors in making this our most successful campaign.

Cecilia M. Faulks
Campaign Chairperson

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Congressman Florio Tours Babyland Wants Federal Legislation For Childcare Programs

Congressman James Florio, (D-N.J.), visited Babyland III on March 11, touring the facility with Mrs. Mary Smith, Executive Director, and called for the passage of federal childcare legislation so that such care can be available to working parents everywhere. Babyland, opened in 1969, is one of the largest childcare centers in the nation, providing safe quality services for 325 children who range in age from 2½ months to 5 years, at three locations.

"This is an impressive childcare



Babyland children enjoy showing off their skills to a delighted Congressman James Florio.

program. The only problem is that there aren't more like it," Florio said.

"Two worker and single parent families are a reality," Florio said, in a statement prepared for delivery after touring the daycare facility operated by New Community Corporation. "But somehow, the institutions that should be the backbone of support for these parents and kids just haven't picked up on this new reality."

Florio called for passage of the Act for Better Childcare Services, of which he is a cosponsor. The legislation, under consideration by both houses of Congress, would expand, improve, and promote childcare programs across the United States. It also would provide money to help low- and moderate-income parents afford childcare, and it would set health and safety standards to give parents peace

of course, parents. We must make quality childcare available and affordable. We must train and encourage people to be part of a growing profession - and we must give that profession the respect and compensation it deserves."

Nationally, it has been estimated that there are only 800,000 daycare slots available for some 9 million preschool age children whose mothers work. This comes in the face of dramatic societal changes that have seen mothers of schoolage children in the workforce rise from 18 percent in 1950 to 64 percent in 1987. "Ironically, when major daycare legislation was proposed in the early 1970s, it failed when President Nixon declared it anti-family," Florio said. "Finally we are reaching a point where people realize nothing could be more pro-family."

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PEDIATRICS (Children)

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Senator Lautenberg Praises NCC Housing

U.S. Senator Frank Lautenberg (D-N.J.) toured the facilities of New Community Corporation on March 8 to see firsthand the quality housing that NCC has created for 2300 low and moderate income families.

Senator Lautenberg, who serves on the Housing and Urban Development (HUD) Independent Agencies Subcommittee as part of his responsibilities as a member of the Senate Appropriations Committee, called NCC housing "a national model."

Lautenberg's visit underscored his commitment to affordable housing, which he called "a key to the revitalization of our cities." He said the strength of our urban centers relies as heavily on the availability of housing as it does on the development of jobs. "The two are vital components in rebuilding," he said.

Lautenberg recalled his childhood in Paterson where neighborhoods were a mix of homes and businesses and families were able to draw from the strengths of both these resources. Nearby jobs enhanced opportunities for parents who could remain close to their children;



Senator Frank Lautenberg.

neighborhood housing provided a solid labor pool.

Lautenberg said the nation must have a national housing policy that recognizes the interrelationship of these vital parts.

WHY DO WE NEED BETTER CHILD CARE?

Married women, with children under 18, in the labor force:

1950 — 18 percent
1987 — 64 percent

Married women, with children under 6, in the labor force:

1970 — 30 percent
1987 — 57 percent

Married women, with children under 3, in the labor force:

1970 — 26 percent
1987 — 54 percent

Number of children under 6 with mothers at work:
9 million

In New Jersey, number of children under 14 who have both parents working, or who come from single-parent family where the parent works:

	0-2 yrs	3-5	6-13	total
1980	179,000	177,000	572,000	928,000
1990	206,000	203,000	570,000	979,000
2000	203,000	200,000	596,000	999,000

SUMMARY OF THE ABC ACT

The "ABC" bill, as it has been nicknamed, would appropriate \$2.5 billion for fiscal year 1989 to establish federally supported child care provisions for those families that have a family income lower than 115% of the average median income for the state and a child under the age of 15. In New Jersey a family of two with an annual income of \$31,000 would qualify for assistance under this legislation. The child would be provided a minimum of 10 hours of child care a day from a certified agency.

Each state would be instructed to designate an agency to be considered the "lead agency" in carrying out this program. The state then applies for the funding by creating a five year plan to determine where the dollars will be directed. The bill creates funding percentage levels as to how the dollars can be spent. 75% of the total funding must go directly to providing the child care services. 15% of the state funding must be utilized to create an information and referral resource and to establish monitoring procedures for the agency to survey the individual child care centers. The last 10% would go to establish the part time programs to provide funding to schools and community settings, Headstart programs and preschool programs for those school age children.

Elizabeth F. Dougherty, D.M.D. and Audrey Malone, D.M.D.

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New Rule On Medicaid

A change in the Medicaid rule will require some Medicaid recipients to pay more for Nursing Home Care. The change effective April 8, 1988 will require an additional \$50.00 to \$75.00 a month payment for services that are now covered by the Medicaid Program. Women over 85 years old, with income in the form of Social Security Widows' benefits are the ones affected. Some are receiving welfare benefits under the Supplementary Security Income program for the elderly, blind and disabled.

Under the current rule a Nursing Home resident is entitled to keep \$25.00 a month for personal needs. The cost of other medical expenses are also deducted from social security payments. However Medicaid will then make up the difference in what the recipients pay and their cost of Nursing Home Care.

Under the new rules, the person

could keep \$25.00 for personal needs but the state could reduce or eliminate the deduction for medical expenses, so the Nursing Home residents would have to pay more for their care and the Nursing Home will receive less.

It is possible that Nursing Home Residents may be faced with a choice of paying for Nursing Home Care or paying for dentures or eyeglasses. If these items are medically necessary the Nursing Home would be paid less under the new rule than it would have received under the old rule, which made allowance for other medical expenses.

If states such as New Jersey implement this rule change, it could have a major impact on providers of such services, including doctors, dentists, and physical and occupational therapists.

Leroy Canady, Executive Director
N.C.C. Extended Care Facility

Ice Cream Social A Hit At NCC Medical Day Care

What better way to burst into Spring than to enjoy a large ice cream sundae with all of the toppings. Our Seniors at Medical Day Care were treated to a very happy celebration in the form of an Ice Cream Party. In talking with the men and ladies afterward the comments were unanimous.... "What are a few extra

pounds?"

The event was planned by Miss Hilda Matoo, the bubbly activities person for Medical Day Care. As the group was departing they shared a discussion of younger days and happy times spent while eating ice cream.

Laverne Parish, R.N.



Medical day care's Anna Henderson (L) and Blondie Hunter (C) watch Hilda Matos pour on the calories.

233 W. Market Street

Newark, N.J. 07103



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Featuring N.C.C.E.

a New Community Creative Ensemble

in the atrium beginning at 6:30 p.m.

Buffet until 8:00 p.m.

Cash Bar

St. Patrick's Day At Medical Day Care



The wearing of the green and a cake to match brings in another holiday celebration for participants.

Lottery Arrives At Extended Care

After several months of waiting and preparation the first lottery ticket was sold at New Community Extended Care Facility on March 3, 1988. The official start of the sale was scheduled to begin at 12:30 P.M. Mr. Joseph Chaneyfield, NCC Board member was scheduled to purchase the first ticket. By 12:45 a line had formed outside the gift shop, all wanting to be the first to purchase a ticket. Scheduling difficulties prevented Mr. Chaneyfield from being first, so the Executive Director, Mr. Leroy

Canady purchased the first ticket (a loser) at 1:03 p.m. and brisk sales followed.

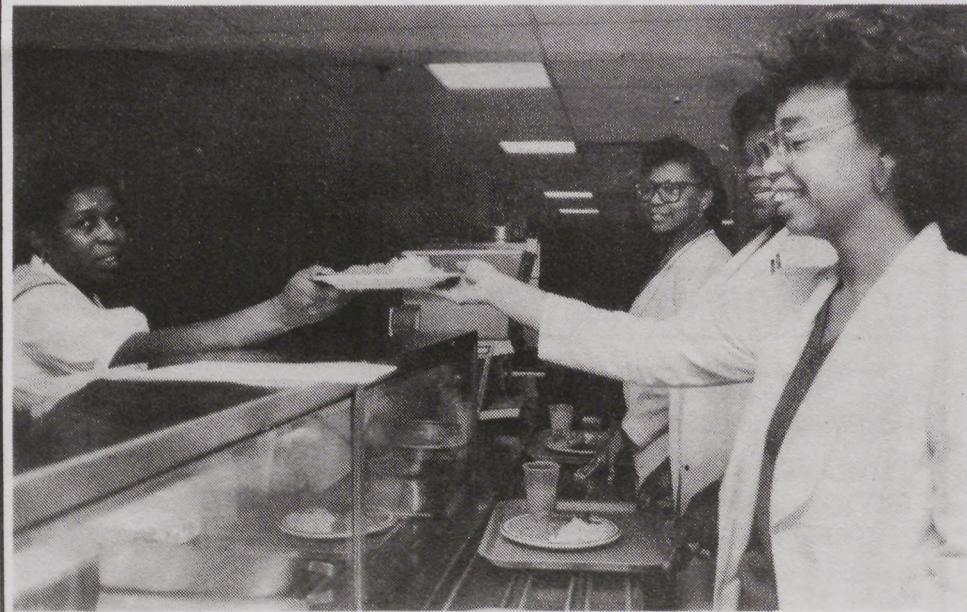
The lottery machine is opened for business between the hours of 11:30 a.m. - 8:00 p.m., Monday thru Friday. We hope to have extended hours in the future.

We hope those who choose to purchase lottery tickets, hoping to hit the big one, will do so at the Extended Care Facility. So far one winning ticket has been sold at ECF.



Jeanette Davenport sells tickets of hope to future millionaires Mike Bansrupan (C) and Harry Gilmore, Sr.

Breakfast Bonanza Held At Extended Care Facility



Rosalie Coker (R foreground) reaches for a hearty breakfast as she and her companions prepare to enjoy an "all you can eat" meal.

Leadership Institute...

continued from page 1

medals, who could take so much credit for the work of the preceding eight weeks.

When the festivities came to an end, people seemed anxious to keep the momentum going and reluctant to leave. Talk of future reunions, plans for continuing involvement, and promises to keep in touch filled the air until the lowly departing revelers were out of sight.

Perhaps the NCC Leadership Institute was the success that it was because of the way the sessions' three segments blended.

Every week an issue of concern for residents of Newark was presented by various members of the New Community Network. After this, Sr. Doris Ann Bowles, O.P., NCC Director of Operations, presented various communications skills, which participants later had the opportunity to practice, either in small groups or with the whole gathering.

The issues chosen by the guest speakers were timely, interesting, and well-presented. Speakers modeled leadership skills which the institute participants were trying to acquire.

Mary Smith, Georgia Ransome and Joe Chaneyfield first presented the issue of Grassroots Leadership. Pat Foley, Sr. Catherine Moran, and Rev. William Linder then spoke about New Community History, Goals and Philosophy. Ray Codey and James DuBose addressed the group concerning the Newark Political Scene.

Michelle Odom introduced them to

the issue of Newark's Economy; her talk was featured in the February 1988 issue of THE CLARION.

Larry Goldston described the Local Housing Scene while Beryl McMillan, Leroy Canady and Soledad Alston informed the group about Health Care Needs.

Art Wilson and Sr. Dolores Russo's special interest was Education, and Rev. William Linder, Madge Wilson and Sr. Clare Elton raised the group's enthusiasm about New Community's Future Projects.

The interest of many of the issues presenters continued, as they returned to be with the group for the Special Saturday Celebration.

The Planning Committee for the NCC Network Leadership Institute which included Mowbrey McKinley and Sr. Mary Ellen Bennett of NCC Social Services, Richard Proctor of St. Rose School, and Sr. Helene Trueitt of Babyland II thought and thought and brainstormed and organized and planned and were sure they had taken care of every detail for the day. It was only when they observed Larry Goldston of the NCC Development Department in action that they realized they blew it! How could they have failed to arrange a Mr. Versatility award for this remarkable man who regularly participated in the sessions; spoke to the group on the issue of Housing in Newark, and pitched right in with set-up and clean-up before and after the Special Saturday Celebration.

We are sorry we missed giving you an award, Larry. Would you settle for an additional job?

Nineteen Network Members Complete Leadership Institute '88 With Distinction

Congratulations to:

Lois Askew
Bertha Brown
Dorothy Douge
Larry Goldston
Rev. Lauvinia Green
Alma Hanks
Mae Harper
Delorise Johnson
Sylvia Johnston
Ernestine Levell

Ruby Marshall
Beulah Moore
Gladys Phillips
Andrewa Shepard
Martha Turner
Helen Vaughn
Bertha Walker
Viola Walker
Mary Watson

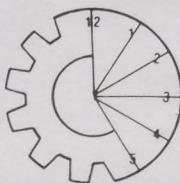
Yours was an outstanding achievement.

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Every time you employ from the Newark area, you enrich the lifeblood of the community and you invest in your own business's success—and Newark's future.

For free assistance in finding qualified job candidates from the area who meet your requirements, contact the New Community Employment Center (201) 643-3828.

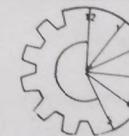


**New Community
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(201) 643-3828

**109
Placements
For February**

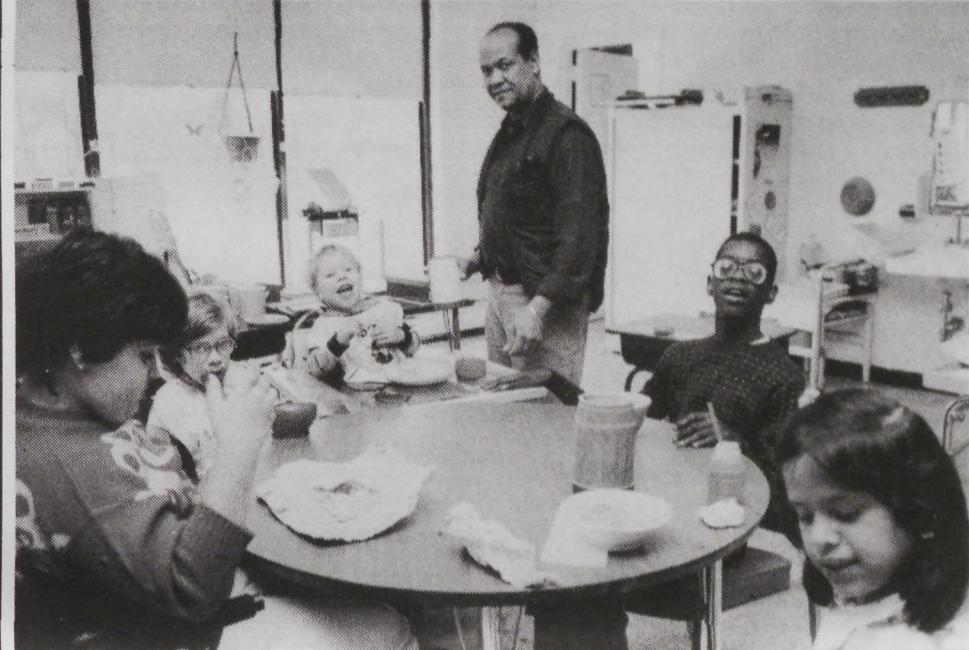


NCC Employment Center Overcoming Obstacles

he is improving and so are we," remarked Ivy Merrill, Rene's supervisor.

"Rene is very cooperative, cheerful and upbeat. He needed to be inundated all day long and between helping the children and helping the staff translate calls from Spanish-speaking parents, he has been very busy."

Rene works with children between the ages of 5 and 11, who have multiple handicaps. "Children with cerebral palsey have suffered damage to the motor function of their brain and may have difficulty walking or have other limb problems. Many of



Rene Molina assists his young charges at lunchtime.

by Hispanic businesses and his need for English language skills was minimal. By the time he applied for help with his job search, he was determined to change his field of work and make any needed self-improvements.

When a position became available with the Cerebral Palsey Treatment Center, of Union, Ernestine viewed it as a perfect opportunity for Rene to gain experience in his chosen field of psychology. "Because we have a large number of Spanish children in our program, we really needed someone on staff who could speak Spanish fluently. It was very difficult at first for us to understand his English but

our children have speech impediments, are retarded or have other problems that stem from damage to the brain (which often occurs during birth)," Merrill informed us.

Rene helps the children learn independent living skills such as putting clothes away and toileting. He also helps them with educational activities such as matching colors or letters and reading and math.

"I really enjoy working with children and all the joys it provides," said Rene. "I am also very thankful to Ernestine Serrano who helped to turn my life around," he said.

L. Michelle Odom

Black History Notes Jan Matzeliger, Inventor (1852-1889)

The shoe-lasting machine which revolutionized the shoe industry was invented by a Black man, Jan Matzeliger. The invention made Lynn, Massachusetts, the shoe Capital of the world, thereby giving shoe supremacy to the United States.

Born in Paramaribo, Dutch Guiana in 1852, Matzeliger migrated to the United States at the age of 18.

Upon his arrival he worked in a shoe factory in Philadelphia, Pennsylvania. He later moved to New England, settling permanently in Lynn.

His invention was the first machine for sewing the soles of shoes to the upper part. In ten years time he designed and patented a device which could adjust a shoe, arrange the leather over the last, drive in the nails, and deliver the finished product in one minute time. This method brought

about a fifty percent reduction in the price of shoes while it doubled wages.

Several millionaires were made as a result of his invention. One of these "shoe manufacturing" millionaires, later left four million dollars to Harvard University.

Matzeliger's early death was attributed to "being over worked and deprivation" at the age of thirty-seven. He died long before he had the chance to realize a share of the enormous profit derived from his invention. He left a few shares of his business to a white church that was saved from debt because of his generous donation.

His patent was bought by Sydney W. Winslow who established the United States Machine Company.

Research by Security Director James E. DuBose.

The Easter Parade

Fashions are appealing to all ages. Whether we choose an outfit ourselves or someone does it for us, we enjoy dressing up.

Everyone likes to see how something looks on someone else. Saturday, March 19, 1988 gave our audience the opportunity to do just that. Babyland Nursery, Inc. held an



Joyce Cook and daughter Andrea are all aglow in matching dresses of pink elegance.

Easter Parade of Spring Fashions. The outfits were modeled by the children, parents and staff members. This colorful parade was held at the beautiful St. Joseph Plaza, Newark.

There were all types of spring wear being shown, from sundresses to nautical attire, 3-piece suits for the young men and dainty satins and bows with gloves and bonnets for the ladies.

It is always a joy to see our young people at Babyland becoming involved, and doing so with all the confidence and grace one might expect from someone in grade school.

After our preview to Spring Fashions, there was entertainment by the Babyland chorus, which sang their rendition of "One Day At A Time." Then came the Annual Babyland Raffle drawing for the winners of the various gift certificates to Macy's.

Easter Parades are always fun and a good time was had by all. Thank you to all who helped make this event a success.



Lawrence Gibson of Babyland III bravely models a handsome suit, to Gayle Chaneyfield's descriptive commentary.



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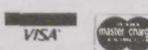
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Let The Hunt Begin

With the coming of Spring, many groups get together for all sorts of hunting expeditions. The most popular hunt of all and by far the most fun is the Easter Egg Hunt.

The Easter Egg Hunt is a sport which can be done indoors or out, by the young and not so young alike. This year, Manor Senior had an Egg

Andrea Cook-McKay, age 16 months, who circulated among the group checking for concealed egg seeking devices.

At 1:45 p.m., the cry of "Let the hunt begin," sounded and 50 pairs of legs immediately canvassed the hunting ground leaving no area unsearched. By 2 p.m. every egg had



An eager crowd of egg hunters await the starting call, their spirit undampened by the rain outside.

Hunt for its grandchildren and the turn out was a success.

One Saturday, March 26th half of the main floor behind the double doors was transformed into an egg hunters paradise, for behind those doors lay 300 brightly colored eggs all quite waiting to be found by some sharp-eyed young hunters. There were eggs everywhere, in the flower pot, on window sills, in washing machines and water fountains, eggs, eggs, eggs were everywhere.

Just on the other side of the doors were 50 of the most ambitious, bubbling, rambunctious hunters ever, ranging in ages from 2 years to 13 years old. Each was armed with a brown sack and 10 fingers ready to scoop up the unsuspecting eggs which had no hope for escape.

The group of hunters was held in check until the start of the hunt by the Junior Bunny hunt officiator Ms.

been found and the hunters were happily counting up their collection of colored ovals.

There was a prize of a filled Easter basket and a 9" chocolate bunny to the most victorious hunter, who had captured 23 eggs.

Wait! There was yet another part to this hunt. For each hunter now had to reach into a box and pull for lucky eggs. Each lucky egg had a note inside which specified a prize. Anywhere from a giant coloring book to water guns, stuffed toys or chocolate bunnies. Each hunter was lucky here.

Refreshments of hot dogs, punch, cookies and of course jelly beans helped to make the hunt complete.

No one even remembered that it was pouring down rain on the outside, because we had captured all the sunshine on the inside.

Joyce Cook



The egg hunters add up their hard-won quarry.



Notes From Babyland: Early Years (cont'd.)

When I speak of love and how it reflects on the child, one only has to observe the infants and children in the Babyland Nurseries. Their first few days of their Nursery experience they might be fearful, reticent, with occasional crying, but in a short time, they are happy, playful and are actively taking part in the experiences of the school. You can spot the occasional child with the head low, too quiet or occasionally aggressive; but the devoted attention of the aides is a delight to watch. This kind of exposure is just what Nursery care is all about. It has been said that a few minutes of love at the end of the working day (though not always easy to do) is far more superior than scolding or nagging, etc.

One of the trying periods of raising begins with the infant at first crawling, then on to standing, and finally walking. The girls, as usual, are way ahead of the boys in development and often are standing at 8 months and walking at 10 months. So much in this period is preventable — sometimes not:

- They fall down the stairs (no gate at the top of the stairs).

- They can and will put a bobby pin in the electrical outlet. (There are plastic covers for the outlet.)

- They will put open safety pins or anything they find on the floor in their mouths. (One needs to constantly police the area.)

- If they are quiet, move to them quickly for they are up to something, investigating under the sink for Lye, or strong detergents. (All of these



Dr. Paul Kearney

should be put out of reach.)

- It is not uncommon for the elderly to keep their medicines on the night table. Many of these, namely, the heart pills could be deadly if swallowed by the infant. Of course matches should also not be around. (An infant would be better minded in the play pen.)

- I can recall an incident when a mother noted a large roach in the play pen of her daughter. The phone rang, mother answered it; it was not important; when she returned there was **half** a roach in the play pen.

- When walking a toddler by the hand and they stop — **do not** jerk them by the arm. It can cause a painful partial dislocation of the elbow, which is treatable, but better to prevent it.

- Never leave a young child minding a baby. A sitter should be a teenager, a **girl** who is a responsible person. Over the years I have stressed a male babysitter is generally inadequate for the task.

Paul Kearney, M.D., F.A.A.P.
Medical Director
Babyland Nursery, Inc.

A Present From Saks Fifth Avenue



Executive Director Mary Smith is shown above at Babyland with children enjoying the beautifully designed furniture donated by Saks Fifth Avenue through the kindness of their Director of Security, Mrs. Patricia Satzler. They are only part of many tables, chairs, cribs, walkers, etc. which the store has given.

CALL FOR HELP

Is your husband or boyfriend abusing you? You are not alone — it happens a lot. There's a number you can call 24 hours a day where people are available to help you explore your feelings and plans. All calls are kept confidential.

Don't let this situation continue. **NO ONE DESERVES TO BE BEATEN!**

Call Babyland's Essex County Family Violence Project at 484-4446. In the Caldwell area, call **PEACE** at 226-6166.

NOW THERE IS HELP FOR YOU!

FOOT FACTS:

Common Problems And Some Solutions

Office Hours at St. Joseph's Plaza
9 - 12 Mon.

9 - 12 every 2nd & 4th Sat.

A Bunion

A bunion, an unsightly deformity of the big toe joint, causes the big toe itself to slant outward at an angle. Most shoes aren't made to accommodate bunions, so the area often becomes irritated with redness and swelling. Bunions are usually inherited, but wearing shoes that are too narrow in the forefoot and toe, or wearing high heels often and for long periods of time, can affect a bunion's development. Sometimes bunions are a sign of developing arthritis in older people.

Self-care includes wearing shoes that don't cramp at the metatarsal and toe area, and soaking feet in warm water to relieve pain. See a podiatrist if symptoms continue. The treatment recommended by a foot specialist may include special shoes, the wearing of an orthotic (foot support) or surgery to realign the toe.

Athlete's Foot

Athlete's foot, a fungal infection, usually starts between toes, where the skin is warm, moist, and hidden from light, and often spreads to other areas of the foot. Symptoms, like painful itching between toes, cracked or scaly skin, small blisters and red, irritated skin patches, require attention.

The best way to help prevent athlete's foot infection is to keep feet clean and dry with a daily washing. Be especially careful to dry between toes. Use a foot powder to help feet stay drier throughout the day. If you have athlete's foot infection, it may respond to athlete's foot medications. Or it may require care by a podiatrist.

Toenails

Toenails whose corners are crowded by the skin can cause pain and become "ingrown." To prevent ingrown toenails, trim nails straight across with toenail clippers. Do not round off corners. The nail should project just past the end of the toe to protect it from pressure and irritation. After clipping, smooth nails with a file.

To ease the pain of an ingrown toenail, wear open-toed sandals and soak feet in warm water once or twice a day.

"Hammertoe"

"Hammertoe" is a hooked or claw-like deformity that affects millions, and the most common forms are acquired. Shoes or stockings that cramp the toes may be a factor in its eventual development. Toe joints contract, and over a period of time, a bulge forms at the top of the joint. Hammertoes can affect overall balance and comfort.

Wear properly fitted shoes with plenty of toe room and well-proportioned stockings that do not constrict toes. In advanced cases, surgery can usually correct the deformity.

Blisters

Blisters can develop when skin is subjected to friction. At the first sign

Dr. Kenneth Frank
Podiatrist



of pain or redness on skin, moleskin padding may be applied. Keep feet dry, and wear a cushioning layer of socks between feet and shoes.

If blisters do occur, don't pop them! You may cause infection. If a blister breaks on its own, carefully wash the area, apply antiseptic, cover with a sterile bandage during the day, and uncover it at night to let skin "breathe." If redness or swelling develop, see a podiatrist.

Corns and Calluses

Corns and calluses are caused by friction and pressure — from skin rubbing against bony areas when wearing shoes. If the first signs of soreness are ignored, corns and calluses rise up as nature's way of protecting sensitive areas. Corns form on the toes, while both may appear on soles. Neither calluses nor corns have roots under the skin; they are simply layers of compacted, dead skin cells. However, the pressure of this hard mass on sensitive nerves in the skin can be painful.

At the first sign of tenderness moleskin pads may be used to help protect the area. As a preventive measure, be sure shoes fit properly. If pain persists, see a podiatrist.

Foot Odor

Foot odor is called bromidrosis. It often results from excessive perspiration. Bromidrosis powders with special ingredients can help lessen the odor but professional treatment is required to eliminate the problem. Foot powder, or a deodorant foot spray and sandals or other well ventilated styles can help keep feet drier, and less odorous. Daily hygiene is essential. There are approximately 250,000 sweat glands in a pair of feet, pouring out half a pint of moisture each day — much of that moisture stays in the shoe, where it can eat away at shoe materials and cause inside-shoe odor. Change shoes often to let each pair "air out"; wear clean socks to help absorb perspiration.

Early To Rise ...And Work

At 7:00 a.m. on March 5, Magnolia Brown of NC Associates, 180 South Orange Avenue was already in the Community Room making coffee for the Leadership Institute closing celebration and offering a welcome, hospitable and knowledgeable presence to everyone who came along.

There is nothing like the smell of freshly brewed coffee in the morning to reassure harried organizers using a meeting place for the first time.

Our thanks to you, Ms. Brown; we didn't know that you worked on Saturdays!



The Security Corner

Officer Of Month

The New Community Department of Security has selected Corporal Sheila White, as its Officer of the Month, for March, 1988.

Corporal White was chosen because of her unselfish dedication to duty and community service. She had maintained an above average attendance record since first joining the NCC Security Force in September, 1982.

The ever neatly attired officer is always willing to lend a hand and

fund raisers.

Congratulations Corporal White, we of the Security Department are very proud of you, your good deeds and accomplishments.

As a result of her selection as "Officer of the Month", Corporal White was presented with an engraved plaque from Katzin's Uniforms of Newark, New Jersey and the NCC Department of Security, co-sponsors of the program.

New Color Guard Member

The newest member to join the elite



S/O Sheila White receives congratulations and a plaque from Richard Barfield, Tenant's Association Vice President, and Marion Simpson, Tenant's Association President.

pitch in wherever and whenever needed. Mrs. Marion Simpson, president of the Tenants Association of NCC Commons Senior, 180 South Orange Avenue, where Sheila had been assigned for the past three years says of Sheila "She is truly a blessing to all here at Commons Senior. She helps out us seniors in so many, many ways, such as making out our money orders, writing letters and countless other personal chores. And, it is always done in a cheerful manner; it would be a tremendous sadness if we were ever to lose her."

Officer White, one of 13 brothers and sisters, and herself the mother of three children, was promoted in March, 1986, by Director James DuBose to Corporal/Building Assistant. Her responsibilities entail the training and evaluating of building security personnel. She reports directly to the Director of Security.

Prior to coming to New Community Security, Corporal White was a welfare recipient and the Honorary Chairperson for the Lyons Avenue Pre-School Association. Officer White stated that she is grateful to NCC for providing her with the opportunity to become a self sufficient provider for herself and her children.

Her community service activities are as follows: Founding member and secretary to the Sentinels, a non-profit benevolent association of New Community Security Officers. The Sentinels have established a scholarship fund at the St. Rose of Lima Elementary School and have made other charitable contributions to the community. In addition, Sheila volunteers her time to work on the election polls, a duty she feels is her civic responsibility. She is one of two N.C.C. Security annual United Way

New Community Security Color Guard is female Security Officer, Meleda Tunstall.

On Sunday, March 13, 1988, Officer Tunstall proudly marched with her color guard colleagues, representing the New Community Corporation in



S/O Meleda Tunstall.

the 53rd Annual St. Patrick's Day Parade, held in the Vailsburg section of Newark.

Marching in parade is second nature to the security dispatcher. The former East Orange, N.J. Dental Assistant was a member of the championship, Essex High School marching band in her home town of Tapahonock, Virginia.

One of six twirlers in the band, they competed and won many champion-

ships around the country, according to S/O Tunstall, competing in cities such as Washington, D.C., New York and others. The group's greatest thrill was participating in the Mardi Gras in New Orleans in 1979.

S/O Tunstall, a Criminal Justice student at Essex County College, stated that her greatest thrill as a marcher came on Sunday, when she observed standing along the sidelines, beaming with pride, her four year old son, Boyd, who became very excited upon seeing her and began shouting, "MOMMY, MOMMY."

Although Sunday turned out to be a beautiful day, it was also a very windy one too. A day according to Sgt. John Jackson, that "separated the weak from the strong among the flag bearers. We were very proud of Tunstall, for she did a yeoman's job in carrying the flag that day."

Parade participants were Sergeant John Jackson - Commander, Security Officers Sanford Ricks, Charles Davis and Meleda Tunstall.

Youth Visit Shomburg

In commemoration of Black History Month, six members of New Community Corporation Security's Youth Program, accompanied by their advisors, visited the World famous

tion of the phrase "Black is Beautiful."

Upon leaving the center, the group lunched at one of the fast food chains in the area. They were then taken on a tour of the Harlem area. The tour consisted of such places as the world famous Apollo Theater, now a national landmark on 125th Street, the Cotton Club, where the movie bearing the same name was filmed, the Theresa Hotel, where the "rich and famous" of black life, professionals of all walks of life, stayed at one time or another (before its closing, the last notable to stay there was President Fidel Castro of Cuba.)

Also on the agenda was one of Harlem's most famous black night clubs, the Palm Cafe and other points of interest that were pointed out along the tour.

The tour ended with a visit to the 369th Armory, named in honor of the famed all Black 369th Infantry Regiment of World War I, located on Fifth Avenue and West 142nd Street. There they saw pictures of the unit in battle and many German weapons captured during those battles, along with helmets and other memorabilia.

The advisors on the trip were Mr. Jim Rohrman, NCC Systems Analyst and Director of Security, James DuBose. The youths on the trip were:



NCC Security's Youth Program members join advisor Jim Rohrman before an historic photo on display at the Shomburg museum.

Schomburg Center for Research in Black Culture, a part of the New York Library, on Saturday, February 27, 1988.

The center is located at 515 Lenox Avenue, New York City. The library is one of the world's foremost research facilities devoted to the prevention and interpretation of materials documenting black life.

Founded in 1926 during the Harlem Renaissance the center has also served as a focal point of black intellectual and artistic activities.

The center featured a display called "Marcus Garvey, the Centennial Exhibition," to celebrate the 100th anniversary of his birth.

A native of Jamaica, West Indies, Garvey, in his own time was hailed as a "Black Moses." He was the leader of the largest organized mass movement in Black history, "The Universal Negro Improvement Association." This movement was responsible for an important liberation from the psychological bondage of racial inferiority and the origina-

Scott Brown, Clay Lee, Paul Harrington, Dwayne Parker and Rahman and Rashid Holloway.

Letter To The Editor:

Newark Public Library
March 1988

Letter to the Editor:

The article on Police Officer Augustus Dickerson which appeared under the caption, "Newark Police Honor First Black Officer," in your March 1988 issue of the **Clarion** newspaper was very popularly received by my borrowers, all of whom would like to see more Black History Notes in future issues. Mr. Dubose, director of New Community Corporation Security, is to be commended for the research he engaged in over the years in order to provide us with this little known but valuable and interesting information.

Lewis Graves
Springfield Branch

Hail The Lowly Potato

Ask a dieter what food he or she is giving up, and chances are potatoes will be one of the items on the list. The idea that potatoes are fattening was one of the myths dispelled recently by students from the Dietetic Internship Program at the University of Medicine and Dentistry of New Jersey, who visited New Community's Brown Bag Club sites.

As part of their Public Health learning experience with the Community Food Bank, the interns spread the good word about this very versatile food. They conducted an informative presentation and contributed an array of potato recipes for Brown Baggers to try. The students

sized potato contains about 100 calories, which compares to the calories in one apple.

It's what we do to potatoes that often makes them fattening. Adding toppings like butter, sour cream or gravy, or deep fat frying them can really heap on the calories. Go easy on those high fat, high cholesterol additions. Using all or part plain yogurt or cottage cheese can greatly reduce the fat content of potato toppings. Experiment with vegetables, herbs and spices until you find a combination that's savory and satisfying to you. Try using evaporated skim milk to make mashed potatoes smooth and creamy. To turn a potato into a com-



Dietetic interns from UMDNJ prepare samples of their tasty potato salad for members of NCC's Brown Bag Club.

prepared a batch of their special low-fat potato salad, which all program participants had the opportunity to taste. The audience had many questions for the soon-to-be dietitians, particularly concerning fiber, fat, and methods for cooking potatoes. Here is a short summary of the nutrition information shared by the students — and the potato salad recipe which won the approval of the Brown Bag participants.

What does the potato offer to the person concerned about good nutrition? One potato, boiled with its skin on is a fairly good source of Vitamin C and B vitamins. Potatoes are also a good source of fiber and they are low in sodium. A medium

potato, baked until tender and stuffed with shredded chicken and vegetables, ground meat in seasoned tomato sauce, steamed broccoli and shredded cheese — the possibilities are endless!

POTATO SALAD

6 medium potatoes
1 tablespoon vegetable oil
1-2 hard boiled eggs, coarsely chopped
2 hard boiled egg whites, coarsely chopped (optional)
½ cup chopped celery
½ cup reduced calorie mayonnaise
½ cup lowfat plain yogurt
1 teaspoon cider vinegar
⅛ teaspoon black pepper
any combination of herbs to taste

St. Patrick's Party For Roseville Seniors



Making sure everything runs smoothly behind the scenes, Club president Lou de Groat lends a hand to his staff of helpers.



Leafing through a photo album recalls happy times for these Roseville Senior Citizens Club members during the annual St. Patrick's Day party held at NC Manor Senior.

Cook potatoes in a large pot, until tender. Then peel. Drain and set aside until cool enough to handle. Cut into thick slices or chunks. Toss with oil. In a large bowl, combine potatoes, celery, and eggs. In a separate small

bowl, combine dressing ingredients. Add dressing to potato mixture. Cover and refrigerate for 1-2 hours. Yield: 6 servings

Donna Ross
Director of
Nutrition/Communications
Community Food Bank
of New Jersey, Inc.

Elderly Remembered At Easter Time



Medical Day Care participant Ruth Greene shares Easter joy with St. Rose's Tanisha Hawkins.

SAVE THE DATE!!!



One hundred years of service

CELEBRATE

St. Rose of Lima Parish Homecoming

Friday, May 20, 1988

8:00 P.M.

St. Rose School Hall
540 Orange St., Newark, N.J.



Admission: \$20.00 PER PERSON (CASH BAR)

Deadline: MAY 3, 1988

Twelve alternatives to lashing out at your kid.

You don't have to lift a hand to hurt your child. Words hit as hard as a fist. The next time everyday pressures build up to such a pitch that you feel like lashing out...stop! And try any of these simple alternatives. Remember, take time out. Don't take it out on your kid.

1. Put your hands over your mouth. Count to 10. Or better yet, 20.
2. Stop in your tracks. Press your lips together and breathe deeply.
3. Phone a friend.
4. Phone the weather.
5. Say the alphabet out loud.
6. If someone can watch the children, go outside and take a leisurely walk.
7. Take a hot bath or splash cold water on your face.
8. Pick up a pencil and write down your thoughts.
9. Close your eyes and imagine you're hearing what your child hears.
10. Turn on the radio or TV.
11. Hug a pillow.
12. Write for prevention information: National Committee for Prevention of Child Abuse, Box 2866, Chicago, IL 60690.

 Take time out. Don't take it out on your kid.

At Your (Social) Service

by the Staff of NCC Social Services Department

4th Basketball Classic

On February 27, 1988 our 4th Annual Basketball Classic took place at West Side High School and once again, the KISS Kards invaded Newark to avenge a 2-1 losing record versus our NCC All Stars.

The game this year got off to an early jump, with a donation from Mr. Charles Wiggins, President of City National Bank, 900 Broad Street, Newark. Mr. Wiggins' contribution



Charles Wiggins and NCC's Eladio Negron study posters advertising the KISS KARDS game.

provided the necessary means to publicize the game. Mr. Wiggins, thank you!

Our shirts were also a donation — from Mr. Ed Mable of A & E Sporting Goods in Passaic, New Jersey who also did not hesitate. "Ed, we thank you." Also, special thanks to Mr. Potts, West Side High School Principal, and Mrs. Williams from the Newark Board of Education and

to the Utility Press, also in Newark. We would like to thank as well all of the "behind the scene people," players and fans.

The game was jam packed with ex-



Another basket for NCC!

citement in the stands and on the court as all enjoyed an excellent display of a good hard game for the worthy cause of the Youth Program. The KISS Kards were victorious in the last seconds of the fourth quarter. This brought the record between the two teams to 2-2.

If you missed it, you missed a "World" of a game! Tyress "World" Carter scored 28 points, 12 assists and two three pointers. Jack Hill was second high scorer with 25 points and Tut "Air Jordan II" Tucker turned in 18 points. The final score was a close 93-91...Wait till next year!!!

Eladio Negron

NCC's Family Advisory Board Is Great!

The Family Advisory Board which donated a computer and color TV to the New Community After School Program, to the surprise of the Social Services Department, is to be commended on their sincere interest in and concern for the children of NCC and NCC's welfare generally. They have previously sponsored fund raisers for Scholarship and campership funds and have pitched in and helped with various tasks that the Social Services Department asked of them, such as helping with the mail processing of the Clarion, distribution of surplus food and clothing and other volunteer work.

Sometimes in our busy days we must stand back and take an assessment and be appreciative of all that we have and sometimes because of busy schedules and oversights we find that we need to take a moment to remember to say thank you.

We appreciate your efforts and thank you, Family Advisory Board, and hope that you will continue to serve our community in the same willing way you have in the past.

The members of the Family Advisory Board are tenants of NCC's family units who are involved with identifying the needs of NCC's fami-

ly population. It is involved in evaluating programs and making recommendations to the NCC Social Services Department. The 1988-89 Officers and Members are: President, Marilyn Reed; Secretary, Mae Harper; Vice President, Bertha Brown; Treasurer, Annie Obley; Chaplain, Emma Grier; and Georgia Willis, Charlotte Peterson, Patricia Hulon, Orelia Stevens, Barbara Perry, Dolores Collier, Eleanor Smith, Marlin Martin, Ida Fletcher, Lois Dixon and Pat Brown.

Mowbrey McKinley

Fun Night For Families

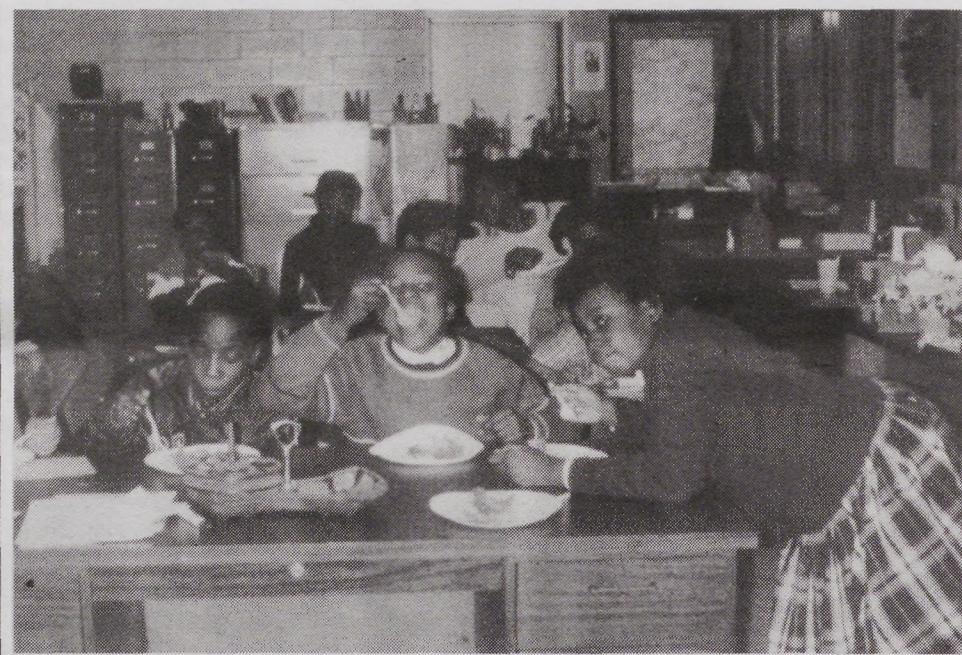
The first Fun Night in a while was held for adult residents of NCC Families complexes on Friday, March 11 at 225 Hunterdon Street.

Although many games were available, enthusiasm ran highest for Bid Wish and pinochle, and the competition was keen.

When the COLOR PURPLE was shown, some of the guests even sang "sister" along with the sound track.

Refreshments and beverages were plentiful. Dolores Collier brought finger sandwiches, Aurelia Stevens

The Cooking Class Wants You Too!



The young chefs enjoy the fruits of their labor.

The Cooking Class has a treat for you
Beat-up some mixes one or two
Measure your taste or try something
new
Come on over and join our crew.
Every Monday & Friday our classes
are held
5:30 p.m. sharp our ingredients we
begin to tell
Pots and Pan's are our special thing
Meats, Veggies and Salads can you

sling.
Create your own meal and have some
fun
Bring a friend, a buddy or just a bun.
Tell your Pop and Mom too
That you learn how to cook just
like who...
YOU!!!

Yolanda Curry
and the Cooking Class Too



Yolanda Curry whips up a savory vegetable dish, to the delight of her cooking students.

Youth News

Eyes on Small Fry

Congratulations to our Small Fry Basketball Team for completing their first full season in an organized league. Our team is a member of International Small Fry League in Newark. Great Job!

Thanks

Thank you and congratulations Reverend Emmanuel Sykes for your recent contribution towards our NCC/Newton Basketball team.

Up Coming

1. Summer Youth Program.
2. Summer Youth and Training

and Lorraine Woolridge provided chicken which Delores Johnson helped to cook right on the spot.

Everyone who attended was in agreement that we'll do it again very soon.

Lorraine Woolridge

Program. Sign up now for Summer jobs.

3. Softball teams now forming. Sign up at Social Services.

Senior Basketball

Our NCC Ron Nelinson Senior Basketball league has started and every week there are two exciting, thrill-a-minute games. The league is comprised of five teams and the first game begins every Thursday at 5:15 p.m. at Newton Street School. A special thanks to Mr. Nelinson for his support and interest in our community. Thank you also to Jerry Lane for his time and effort in providing us with his services as referee.

Standings so far are:
Elites 2-0; Sonics 1-1; McKenley 1-1;
Rebels 0-1; and I.Y.O. 0-1.

Eladio Negron

Crimes On The Elderly Can Be Avoided

New Community Central Outreach Meeting was held at James C. White Manor, 576 Bergen Street, Newark.

Our guest speakers were Detectives Mae Smith and Derrick Holloway who spoke on "Crimes on the Elderly." A film presentation was shown

costed, let all items fall out; 3) Never carry all your important papers in your pocketbook, they advised, 4) Never carry all your credit cards and checks; carry only what you need; 6) To be safe, never shop the first five days of the month; 7) Make a list of



Det. Derrick Holloway hands out whistles and urges his audience to blow them loudly when in danger.

followed by a question and answer period.

The Seniors of James White entertained others by giving a skit on Crime Prevention, "How to Protect Yourself from Flim-Flam," Recommendations were: 1) Detective Smith advised seniors to have direct deposit instead of cashing checks and carrying large sums of money with them; 2) Carry a bag easy to open and if ac-

items you need and carry only monies or a check to cover what you are going to buy; 8) Never travel alone, travel in groups; there is truly safety in numbers; 9) Never flash money whether you are a man or a woman.

Keeping these few tips in mind you should be better able to care for yourself.

Elsie Best
Home Friends

In-Service Training Effective

February 24 was set aside as an In-Service Training Day for New Community's Home Friends I and II and Homemaker Home Health Aides.

In the morning about 35 Home Friends gathered at Commons Pavilion to hear Mrs. Esther Chernofsky of Essex County Consumer Service speak on the theme "Stand Up for Your Rights." Her talk covered such areas as effective complaining, exchanging merchandise, and obtaining refunds.

The Essex County Consumer Service Organization exists to protect the rights of county residents under the N.J. Consumer Fraud Act and the state's Weights and Measures Regulations.

It acts as a referral agency which assists consumers in finding help, investigates abuses, and resolves con-

sumer complaints.

That afternoon, when the Homemaker/Home Health Aides joined the Home Friends, the crowd swelled to more than 50. Juanita Sherrod and Eric Williams from Newark Renaissance House Inc. gave a presentation entitled "What You Should Know About AIDS."

Their talk covered how AIDS is communicated, and how it is not. Proper information is the best protection against AIDS, the dread disease that destroys the body's ability to fight off infection. At present, there is no means of immunization against it, and no cure.

The workers present agreed that the information gathered during their in-service day would certainly enable them to serve their clients more effectively.

Formula For Success

The recent cooking efforts of the VISTA volunteers produced a feast in more than one way for participants. The food not only filled the stomachs but also the need for a VCR for the Bruce Street Site after School Program.

The Bruce Street site VISTA volunteers Bertha Brown, Mae Harper, Marlene Martin, Orelia Stevens and Michele Wilson, steadily prepared hot dogs, hamburgers, fish sandwiches and sold soda and showed movies to raise the necessary money.

Their hard work paid off and the

children will benefit as they can now see entertaining as well as educational programs and movies through their very own VCR.

The VISTA volunteers from the national volunteer organization, ACTION, serve as tutors for the 100 children in the programs located at 220 Bruce Street and at St. Rose of Lima School.

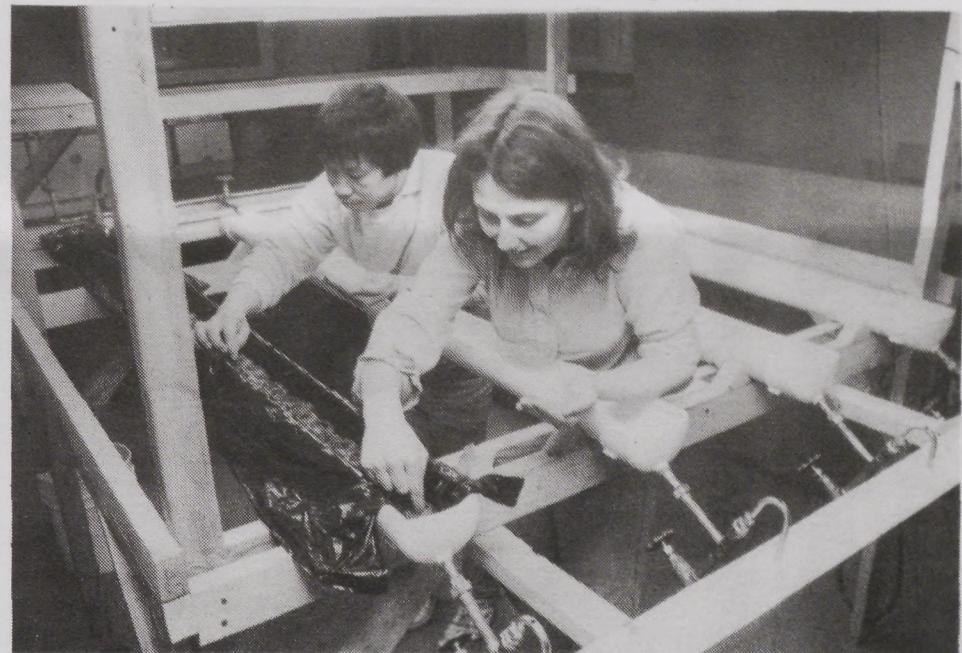
The children showed their appreciation by presenting the volunteers with a giant-sized Thank You card which was an After School Program original.

The Hydroponic Garden Is Where???

Hydroponics? Yes. The basement of St. Rose Rectory is presently the home of a hydroponics laboratory. Very singularly described, hydroponics is the growing of plants/vegetables in nutrient solutions. Last month collard greens, tomatoes, spinach and marigolds were planted. They are "fed" with

recycled water, nutrients (hydrosol, calcium nitrate, magnesium sulphate) from Mahwah Greenhouse, and a fluorescent cool white tube. In two weeks the vegetables will be ripe and ready for eating.

We'll keep you posted after the taste testing.



Nancy Beavan shows Benjamin Saramiento how to seed a hydroponic garden. Pellets of compressed soil with nutrients swell when watered and provide fertile ground for plants and vegetables.

Vista After School Tutors Hold First Major Fundraiser

The St. Rose School and Bruce Street Site VISTA volunteers, Diane Jones, Bertha Walker, Mary Watson, Geraldine Wise, Bertha Brown, Mae Harper, Marlene Martin, Orelia Stevens and Michele Wilson held their first major fundraiser, a bus ride to Atlantic City and the ATLANTIS Casino on Sunday, February 28, 1988.

From the moment the guests boarded the bus, excitement filled the air in anticipation of the full day ahead. The VISTA's treated all aboard to delicious homemade potato salad and fried chicken.

Upon the arrival at the Casino, the

guests had their choice as to when they wanted to have the tasty free buffet lunch offered and to see the exciting show which featured the 1950's dynamic group, The Drifters.

A good time was enjoyed by all and the After School Program now has \$484.13 in the bank thanks to the VISTA volunteers' fundraiser, proceeds of which will purchase needed equipment, supplies or programs. WOW!

If you missed this bus ride, be on the alert for their next one planned for May.

Thank you for your enthusiasm and interest, VISTA's.

A CHANGE OF PACE

St. JOSEPH PLAZA
233 W. Market Street
Newark, N.J.

Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

FRIDAY NIGHT SPECIAL
From 4:30 P.M. until 10 P.M.
SCRUMPTIOUS BUFFET

Cash Bar

St. Rose Academic Fair Enthusiastically Received

The Academic Fair of St. Rose of Lima was held recently. Although the school has held annual Science Fairs, the Academic Fair this year was a first event, marked by an abundant amount of enthusiasm from the students. All grades were represented and the projects varied from exhibits in Science to English Literature,

Mr. Dan Fabrizio's 6th graders presented social studies, science, and social studies projects, as well as religion and math.

Mrs. Eugene Nwaigwe's 7th graders displayed social studies, science, creative writing, and religion projects.

Mrs. Corrine Wilson's 8th graders



St. Rose students are challenged by the thought-provoking exhibits.

Mathematics, Creative Art, Social Studies, and Religion.

Mrs. Mattie Murray's Kindergarten class displayed lovely artwork.

Mrs. Martha Marshall's 1st graders exhibited abstract art and finger painting.

Mrs. Alberta Brady's 2nd graders cut out winter and spring scenes with compositions for each scene presented.

Mrs. Whitney Turner's 3rd graders drew pictures of the States and wrote important information about each.

Ms. Bernadette Fennell's 4th graders exhibited the planets in the Solar System, maps and Black History folders.

Mrs. Linda Pettiford's 5th graders exhibited volcanoes, creative arts, creative writings, religion displays, and various science projects.



Imaginative treatment of the solar system captivates students.

The Fourth Cross

Easter commemorates the crucifixion and resurrection of Christ. He, who was once so mighty, to give deliverance to the captive had Himself been taken captive and bound to the cross. He, who with a word raised the dead, had been violently, wickedly put to an ignominious death — brought under the domination of His own nation and shut up in the sepulcher. It was a season of great heaviness, dismay, and trial.

The terrible shock of the crucifixion stunned the faith of many, distracted their thoughts, and made heavy their hearts. His resurrection was not only the greatest and most important of His miracles, but the most abundantly and variously attested. It was a serious event indeed, to friends and foes — a great moment of testimony to His life and divine power. Every believer that receives the Holy Ghost to raise him from the death of sin to the life of righteousness, is a witness and can testify that Christ now lives.

The resurrection of Christ was the resurrection of the faith and hopes to a new life, where all the precious mercies flow down upon a guilty world, sanctifying the sinner, and where all the grace also flows down by which our weakness is made strong, and our darkness is made light.

So at this Easter, we must on our own decision, with our own complete submission, yield so that Christ may completely refashion our character into the righteous and spiritual character of Christ. On that hill at Calvary were three crosses; on one of them was Christ crucified. But there is another cross, not at Golgotha, but here — one for us to bear. This cross none of us shall escape despite our ignorance therof or our futile efforts to avoid. It has to do with what we shall do that we may rise to the resurrection of life. This is the 'fourth cross.'

Lewis Graves
Springfield Branch
Newark Public Library

worked on projects in electricity, science, the human body and social studies.

The students as well as the faculty had a great time and as was expressed by students, it was an innovative learning experience for them.

Mr. Arthur L. Wilson, Principal of St. Rose of Lima School credited the success of the Academic Fair to the cooperative efforts and hard work of his

teachers, students, Sr. Clare Terance, Religious Coordinator, and Mr. Richard Proctor, Parent Coordinator.

With the heralding in of our first endeavor, we at St. Rose look forward to the beginning of an annual event.

To all who attended the Academic Fair, thank you for your support and comments. We look forward to our 2nd Academic Fair next year. Be there...

Why A Chinese Auction?

An event called a Chinese Auction consumes the time each Spring of a great number of people from the New Community Network — people who have many demands on their time. Yet each year they are faithfully with us.

Why?

Perhaps it is because many of them have experienced for themselves the advantages of a solid education provided by St. Rose of Lima School. Or some may have children whose futures depend on the quality of education provided by this alternative school in Newark which has been making a difference in people's lives since 1891.

St. Rose of Lima is a parish school which creates an atmosphere in which Christianity is a way of life, and encourages each child to develop his/her spiritual, intellectual, social and physical potential. It is an atmosphere where mutual respect and a high regard for human rights prevail.

St. Rose is dedicated to fostering freedom and justice in its curriculum as well as its interpersonal dynamics, with attention given to the unique potential of the individual.

Degrees in Education

The faculty at St. Rose have excellent degrees in education. There is on-going staff development at the school and a commitment to excellence by dedicated teachers. A

value-centered education is offered.

Academics are of prime importance but the fact that we do not live our lives in isolation is also given attention. An outreach program into the community gives the older students an opportunity to work as volunteers at the NC Extended Care Facility, become Babyland helpers, Senior Citizen Aides and Mission helpers.

Field trips which are purposeful, well coordinated and enriching are highlights for the students.

An after-school program for grades K-8 acknowledges the needs of parents to know their children are safe while parents are working, and extends from 2:45 p.m. to 6:00 p.m. It offers recreation, arts and crafts and tutoring with homework, along with a refreshing afternoon snack.

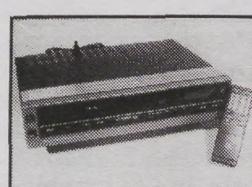
In order to keep tuition for the school at a reasonable level, Events such as the CHINESE AUCTION are a MUST. It is the main source of funding for the school.

In truth, the night is a misnomer, for the atmosphere is one of festival, and the auction part a simple choice of which of the \$20,000.00 in prizes you would like to use your tickets on.

We invite you all to join in the merriment for such a good cause.

The date is Saturday, April 30, 1988 at Roselle Catholic High School. Donation is \$20.00. For tickets call 482-0682. Bring your families. Reserve your tables.

FRIENDS OF ST. ROSE OF LIMA



Present

Spring Festival '88 & Chinese Auction

SATURDAY EVENING, APRIL 30

7 O'Clock to Midnight

ROSELLE CATHOLIC H.S. AUDITORIUM

Buffet Supper — Dancing

Proceeds benefit St. Rose of Lima School

For Information Call 482-0682